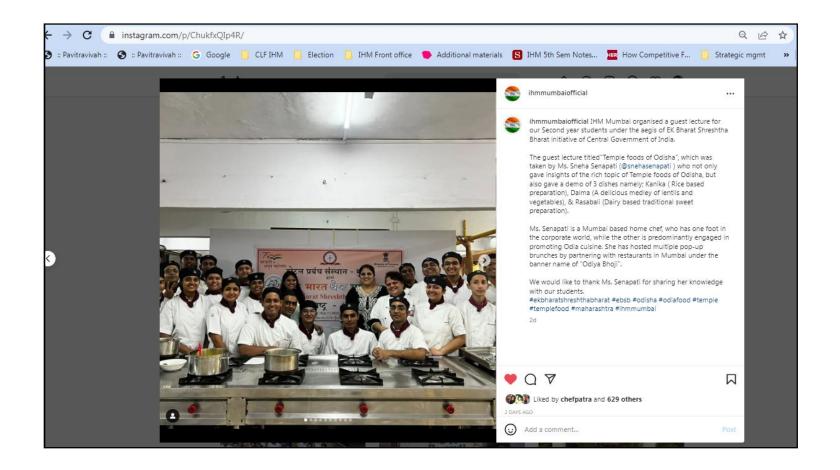
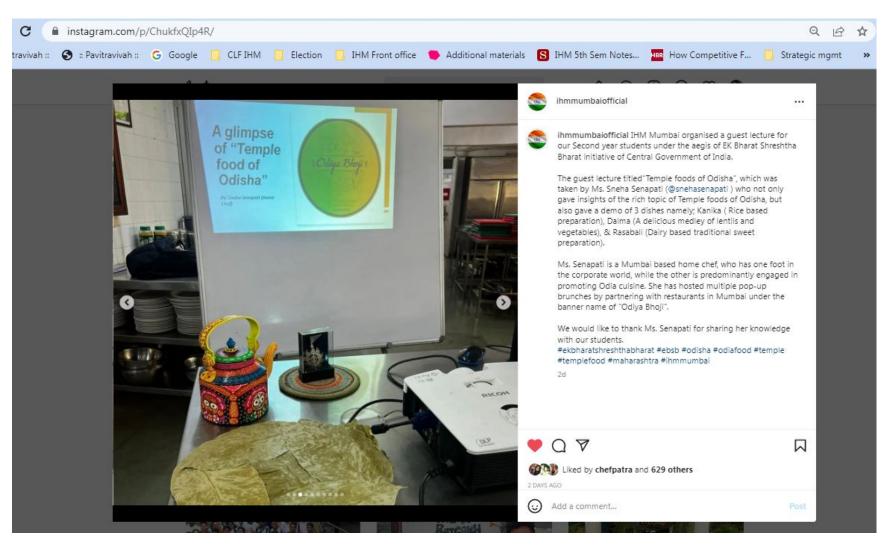
EK BHARAT SHRESHTHA BHARAT ACTIVITIES BY MINISTRY OF TOURISM August 2022

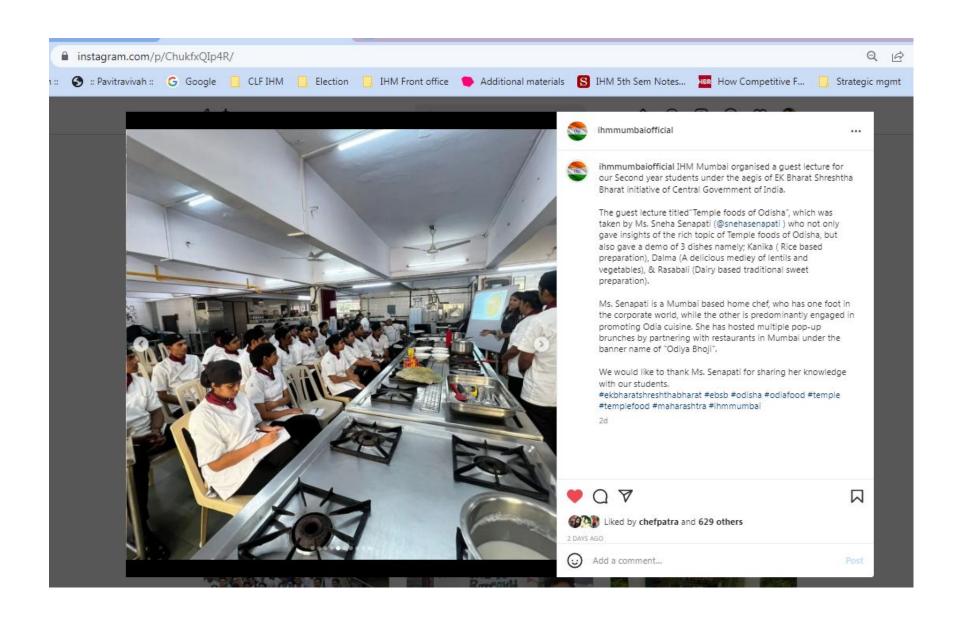
Sr. No	Activities by the IHMCTAN	Month of Activity	Details of the Activity	Paired States involved	No. of Participants /	Any other relevant information
	Mumbai				Attendees	
1.	Food festival/ Culinary exchange: Guest lecture by an Odia food expert on "Temple food of Odisha"	August 2022	IHM Mumbai organised a guest lecture for our Second year students under the aegis of EK Bharat Shreshtha Bharat initiative of Central Government of India. The guest lecture titled "Temple foods of Odisha", which was taken by a guest lecturer; who not only gave insights of the rich topic of Temple foods of Odisha, but also gave a demo of 3 dishes namely; Kanika (Rice based preparation), Dalma (A delicious medley of lentils and vegetables), & Rasabali (Dairy based traditional sweet preparation).	Maharashtra and Odisha	A total of 24 students along with faculty of Ihm Mumbai attended the guest lecture.	Social media outreach: Information about this activity was posted on the social media pages of Ihm Mumbai. (Instagram – 630 Likes and Facebook- 51 likes)



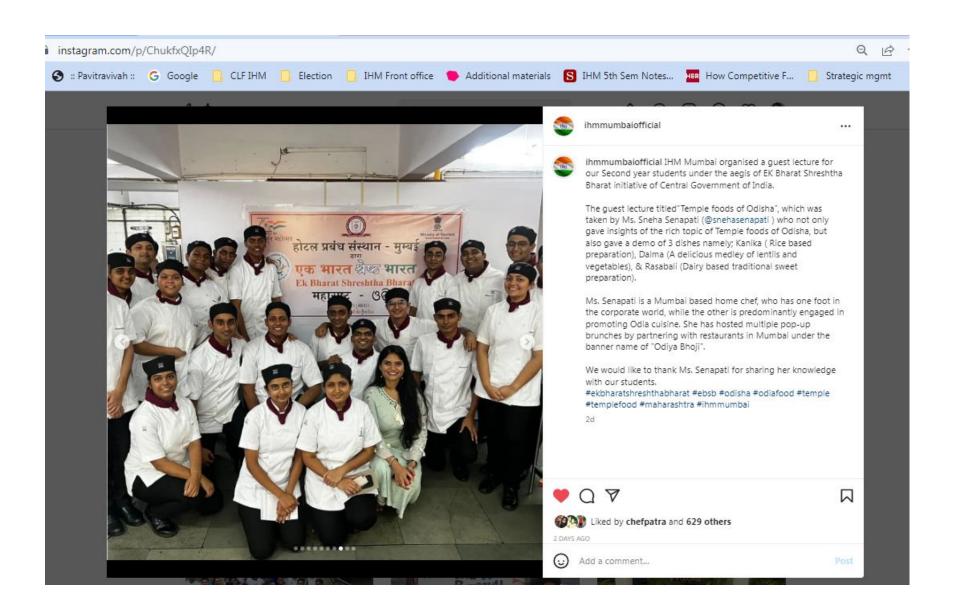
Instagram Post Image 1



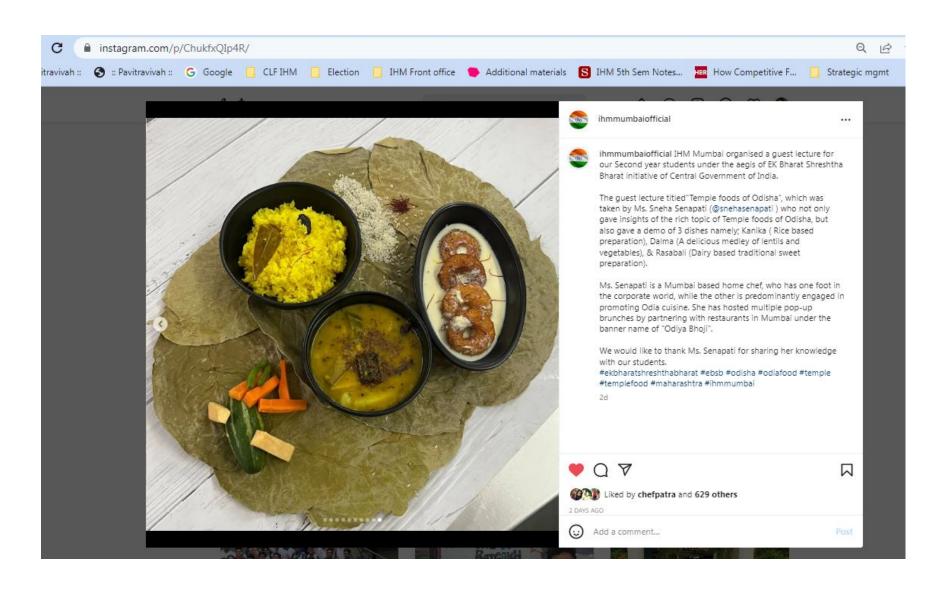
Instagram Post Image 2



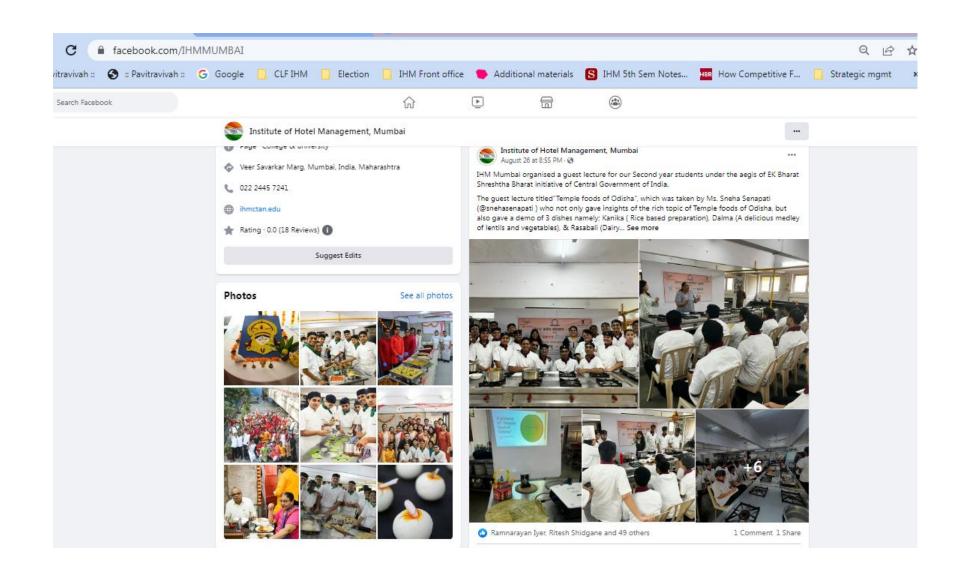
Instagram Post Image 3



Instagram Post Image 4



Instagram Post Image 5



Facebook Post Image